

OTERO COUNTY RESOURCE GUIDE

Area code (575) & location Alamogordo *if not specified.*

Public Health Services

Otero County Health Office, 437-9340, 1207 E. 8th St.
Closed 12-1 for lunch daily

- **Women, Infant, Children Food Supplement (WIC)**
- **Family Planning, STD testing; immunizations**
- **Children's Medical Services;**
- **Breast & cervical cancer screening for uninsured**
- **Birth certificates *Mondays only 9-4, closed for lunch***
- **Harm Reduction** – syringe exchange in person. If 10+miles away can request mail kit 505-355-8917

WIC - Alamogordo 437-9093 Open M - F 8 - 5

WIC - Holloman 572-7369, Bldg 222 HAFB. *M & Fr*

WIC - Mescalero 437-9093 call for times

WIC - Chaparral: 575-824-4701

Families First cell 505-660-7694 office 575-437-9340 x 6

Pre-natal Care

Women's Health Center, at the Pavilion, 2559 Medical Dr Suite D; (575) 446-5385

Ben Archer Medical Center 443-8133
2150 S. Hwy 54, Alamogordo

Pregnancy Resources Plus 434-5525, 108 Cottonwood
Pregnancy Tests, Limited Sonograms
Pregnancy Verifications for Medicaid
Building Blocks Program, 24/7 Dads Group
Parent Power Workshops

Pediatrics care

Pediatrics of Alamogordo GCRMC

2559 Medical Drive, Suite D
575-446-5650 with 24-Hour Answering Service

Ben Archer Medical Center 443-8133;
2150 S. Hwy 54, Alamogordo

Bloom & Grow Pediatrics, Cloudcroft
575-682-2002; 1315 Burro Ave

Presbyterian Medical Services

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft James Cnyn (Hwy 82) 682-2542

Tularosa 111 Central Avenue 585-1250

Chaparral 204 Angelina Boulevard 824-8100

Dr. Dan Moezzi & Dr. Kay Banikarim

2474 Indian Wells 443-0339

White Mountain Medical 575-630-8350
121 El Paso Rd, Ruidoso

Childbirth Classes

GCRMC OB Floor (575) 443-7640

LCMC OB Floor (575) 257-8275

NM Doulas (575) 495-2545 nmdoulas@gmail.com

Parenting Classes

CHINS Circle of Security 434-3011

Ben Archer - Welcome Baby 443-8133

Pregnancy Resources Plus - 434-5525

Breastfeeding Assistance

WIC in Alamogordo 437-9093

GCRMC contact: 443-7652

Hospitals:

Gerald Champion Regional Medical (GCRMC) 439-6100
2669 Scenic Drive, Alamogordo

Lincoln County Medical Center (LCMC) 575-257-8200
211 Sudderth, Ruidoso

Sliding Scale Clinics – Federally Qualified Health Ctrs.

Ben Archer Medical Center 443-8133, 2150 S. Hwy 54;

Presbyterian Medical Services (PMS) clinics:

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft Hwy 82, west side of town 682-2542

Tularosa 111 Central Avenue 585-1250

Material assistance OR financial assistance:

Income Support Division 437-9260 Or 1-800-826-4468
2000 Juniper, Alamogordo.

<https://www.hsd.state.nm.us/lookingforassistance/apply-for-benefits/>

Southwest Community Action 437-1364 906 Adams
Rent, mortgage, utility, prescription assistance.

<https://www.snmcac.com/programs-services/>

Love INC 439-5683 *Call for appointment*

1106 Ohio Ave - clothes; furniture; PNM fund; food

Paula's Amazing Grace 415-1388 & Facebook

Salvation Army 443-0845. 1900 E. 1st St.

9:30-11:30am & 2pm-4pm Mon.-Thurs. Household items, food, clothes, bus pass.

(also see Housing Resources Guide)

Healthcare Assistance

Otero Co. Health Services 437-7427. 1101 New York Ave
(Also - disposition of indigent deceased persons.)

Health Insurance exchange: 1-833-862-3935

<https://www.bewellnm.com/>

GCRMC Community Connections (patient support, resources navigation) 446-5771

Counseling & Support- for mental crisis call 988

Call 988 - 24/7 Lifeline for Emotional, Mental or Substance Crisis Support

NM CRISIS 1-855 662-7474. **NM Connect APP** or
Text 1-855-466-7100, TTY 1-855-227-5485

PMS Behavioral Services 437-7404. 2360 Indian Wells

GCRMC Behavioral Medicine Outpatient 446-5300

GCRMC Behavioral Medicine Inpatient 446-5310

The Counseling Center 488-2500. 1900 10th Street

- Substance Use Counseling, Overdose Prevention
- DWI School
- Community Reunification

Counseling & Support, continued

Brighter Days Alamogordo C. Kasbohm 489-6171

Blue Sky Counseling 443-6166

CHINS – children’s counseling 434-3011

Open Minds Healing & Recovery 489-4616

Pawsitively Transformational Health & Wellness

575-208-6364 info@pawsitivelytransformational.com

Group therapy; LGBTQ support

Warm line – certified peer support 855 466-7100

Inpatient addiction recovery Mesilla Valley Hospital - 800-877-3500

(also see Mental Health Resources Guide)

Sexual Assault Exam (SANE)

24-hour Hotline 430-9485

Sexual Assault Victim Advocacy Program – serving victims with an IDD diagnosis. (505) 883 4630

Domestic Violence

COPE Hotline 24-hour 437-2673 (437-COPE)

New Mexico Coalition Against Domestic Violence (Albuquerque) (505) 246-9240

Tobacco cessation: aiquitline.com/ Resources for quitting for Native Americans

1-800-Quit Now or www.quitnownm.com/

Diabetes Education 437-0231, Otero Cooperative Extension Services or www.pathstohealthnm.org/

Diabetes Management

Dr. Lancaster at **GCRMC**, 2579 N Scenic Dr 446-5100

VDex – 2474 Indian Wells Rd. 488-2720

GCRMC –Diabetes & Nutrition Services 446-5085
2559 Medical Drive, Suite B

Terra Rosa VDex 601 Corona, Cloudcroft 682-3309

Child Care Assistance Apply online:

<https://www.nmeccd.org/child-care-assistance/>

CYFD 434-9770

CHINS 434-3011

Early Childhood Intervention

Alamogordo Headstart 434-6313

Tularosa Headstart 585-4818

La Luz Headstart 437-4485

Mescalero Head Start 575-464-8506

Chaparral Head Start 575-824-4197

Zia Therapy Center 439-4900

Behavior Change Institute 415-1249

Car Seats

Ben Archer 575-443-8133 or 575-373-3088

Families First (505) 660-7694

APD Car Seat clinic once per month 439-4325 x136

Special Needs/ Developmentally Delayed

Zia Therapy Center, 439-4900; 900 1st Street

Preschool services; services for developmentally delayed or disabled clients, respite. Early Intervention screening.

<http://www.ziatherapy.org/>

NM Caregivers in Action Chinda Lucoski, 575-491-3188 or chinda2001@aol.com

Parents Reaching Out (serves all of NM) 800-524-5176 families with special needs: support and referrals

Otero Advocates for people with DD 575 921-2193

Children Youth Families Department (CYFD)

434-5950 Adoption, counseling, day care subsidy,

Information & referral. Protective services. Foster care.

Child Protective Services hotline #7233 from cell phone

Housing Assistance

Housing Authority 437-5621; 104 Avenida Amigos

Habitat for Humanity 437-6562; 1109 10th St

HUD voucher program, (575) 622-0881

Las Rosas, 1513 Fairview, Tularosa 585-9848

Villa De Tularosa 1205 Monte Vista 585-2859

Weatherization Assistance Program (575) 523-1639 or 1-800-657-8967 website: swnm.org

Emergency Rental Assist. <https://www.renthelpnm.org/>

Mescalero Apache Housing (575) 464-9238

(also see Housing Resources Guide)

Transportation Services

<http://www.ztrans.org/> 439-4971

Z-Trans also provides **Para Transit** door-to-door

NM Medicaid patients: Shuttle Ruidoso 877-903-7483

<http://www.shuttleruidoso.com/>

Blue Cross & Blue Shield patients: 1-866-418-9829. TTY (1-866) 288-3133

Alamogordo Ride (518) 488-7740

Medicaid Dentists

Kids Kare 439-5439

Ben Archer Medical Center 443-8133

Smiles Forever We Care 437-8994

Blind and Visually Impaired:

NM Commission for the Blind

408 N. White Sands, Alamogordo (505) 383-2281

NM School for Blind & Visually Impaired

1900 N. White Sands, Alamogordo (575) 437-3505

Vision Loss Support Group email: 4lorenzo@gmail.com

Adult Education Services

PACE at NMSU-A 439-3812 Group & individual instruction preparation for diploma equivalency exams; English as a second language (ESL); college prep.

NMSU-Alamogordo 575-439-3600 <https://nmsua.edu/>

Self Help - legal referrals

Self Help walk-in program 437-7310 x 146 & 147

Courthouse, 1000 New York Ave, 2nd floor. M – F 8-5

Senior Centers; Senior Meals; Disability Resources:

Alamogordo Sr Ctr 439-4150; 2201 Puerto Rico Ave

Information, services, Meals on Wheels and group meals

Tularosa Senior Center 585-4532; 35 Radio Road

Sacramento Mountains Senior Center (Three locations)

682-3022 <http://www.mtnseniors.com/>

Commodity Supplemental Food Program (CSFP)

575-622-8700 Available in Alamogordo, Tularosa & Mescalero. **Seniors only**, over age 60

Aging & Disability Resource Center 800-432-2080

Independent Living Resource Center

439-1112 v/tty; 9th & Cuba Ave. Advocacy for persons with disabilities and Medicaid Assisted Services Program

Nurse advice lines

UNM 24-hour: 1-877-925-6877

Presbyterian 1-888-730-2300

Western Sky 1-844-543-8996

Medicaid Member Services

Presbyterian 1-888-977-2333

BCBS 1-866-689-1523

Western Sky 1-844-543-8996

Help lines/ Hot Lines - for mental crisis call 988

Adult Protective Services (866) 654-3219

COPE Crisis Line Domestic Abuse **local** 437-2673

Sexual Assault Nurse Exam Hotline **local** 430-9485

NM Crisis & Access Line (855) 662-7474

NM Peer warm line (855) 466-7100

PMS Behavioral Health (575) 437-7404

CYFD Child Protective Services (855) 333-SAFE

or #7233 from cell phone

NM Child Support help line (800) 288-7207

American Diabetes (800) 232-3472

CDC AIDS Hotline (800) 232-4636

National Child Abuse Hotline (800)-422-4453

National Drug Abuse Hotline (800)-662-4357

National Poison Control (800)-222-1222

Suicide.org (866) 435-7166

Agora Crisis Ctr. (866) 435-7166 or (505) 277-3013

National Sexual Assault Hotline: 1-800-656-4673

12th Judicial Victim Assist. (575) 437-3640

Child Support Hotline 1-800-288-7207

Legal Aid 1-833-545-4357

<https://naminewmexico.org/> text NAMI 741-741

LGBTQ+ support sites pflag.org

<https://www.thetrevorproject.org/get-help/>

<https://www.healplusnm.org/>

Pawsitively Transformational Wellness 575-208-6364

Mentoring Big Brothers Big Sisters 434-3388

Support Groups

Alcoholics Anonymous 430-9502 (Otero & Lincoln hotline) Groups in Alamogordo, Tularosa, Cloudcroft, Mayhill.

For up-to-date meeting days/ times/ locations:

<https://nm-aa.org/> or text 430-9502.

Al-a-Non support group: Our Savior Church, 437-2970

Thursdays noon, 1212 Washington, Alamogordo

Bethel Baptist Church 437-7311 M & Th 7pm 1316 Scenic

Over-eaters Anonymous Bethel Baptist, Thurs. 5:45 pm

Grief Support Group Bethel Baptist; most Sundays 6pm

Post-partum support: (915) 637-6114

NAMI Family Support **<http://www.nami-snm.org/>**

Caregiver Support Group, GCRMC 439-6100

Gay Straight Alliance @ AHS 812-6500

The Counseling Center 488-2500. 1900 10th Street

Otero Overdose Prevention Program info on Facebook

Suicide prevention training:

Question, Persuade, Refer: Maureen Schmittle, Public Health, 437-9340 x5 **maureen.schmittle@doh.NM.gov**

Department of Veterans' services: 437-4635

411 10th Street, room 107

VA Primary Care Clinic – Alamogordo

437-9195 White Sands Mall

Veteran's housing assistance:

Veteran's Integration Center:

<https://nmvic.org/apply/>

(575) 551-6659

1900 23rd Street

Operation Homefront 877-264-3968,

<http://www.operationhomefront.org/>

Housing Assistance for Veterans (HAVEN)

<https://www.fhvb.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx>

(call for availability of funds)

Lowe's Home Improvement 442-4000

Home Depot 443-8015

USDA program for rehab grant

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

Social Security Admin 1-866-563-9294 or 800-772-1213

Other Services

Lost Medicaid card 1-888-997-2583

NM Workforce Connection 437-9210; 901 Alaska Ave

Baby's First Wish Newsletter 437-0231

Reintegration After Incarceration Support:

Wings For LIFE International

8226 Menaul Blvd NE #130

Albuquerque, NM 87110

505-554-6698 cell or 505-298-0985 office

AnnEdenfield@WingsFLI.org

<https://www.wingsFLI.org/>

COVID resources:

<https://www.nmnativeledorgs.com/>

Native-Led COVID-19 Resource Map

<https://cv.nmhealth.org/>

COVID and M-Pox hotline 1-855-600-3453

NON-health COVID- related 1-833-551-0518

Vision needs/ eye-glass assistance

Lions Club - application can be picked up at Twice Blest Thrift Shop, 2920 N White Sands Blvd, Alamogordo

For more complete & specific lists, request the following:

- **Community Mental Health Guide** (from APS)
- **Food Guides**
<https://oteroextension.nmsu.edu/health/food.html>
- **Housing Resource List**, call Maureen at 437-9340 x5

To update info on this list, or request by email:

437-9340 x5 or maureen.schmittle@doh.NM.gov